

New Hours of Operation

Day of the Week	New Hours as of 2020
Monday	9:00 am - 6:00pm
Tuesday	9:00 am-7:00 pm
Wednesday	9:00am - 7:00pm
Thursday	9:00 am - 7:00 pm
Friday	9:00 am-1:00 pm
Saturday	Closed
Sunday	Closed

Kathy L. Fortner, EdS LPC CCMHC provides services for individuals, couples, families, in a private and confidential location. Counseling/Therapy services are provided to children aged 6 years and above, adolescents, college aged students, parents, and geriatric clients.

Most insurances accepted for Counseling and Tele-mental health services. Life Coaching services are private pay. Critical Incident services are contracted through various national companies, as are other specialized consulting experiences for companies and corporations.

We are on Facebook and also the web
www.klfcounseling.com
Psychology Today

Practice Phone Number:
(843) 240-9446 (24 hour voice mail)

KLF Counseling & Consulting, PA

Practice Location: 1107 48th Avenue North, Myrtle Beach, SC 29577

Mailing Address: PO Box 7139, Myrtle Beach, SC 29572

Hours are by appointment; tele-mental health and Employee Assistance Services are provided

Email: klfcounseling@gmail.com



KLF Counseling & Consulting, PA

Board Certified Clinical Mental Health Counseling,
Board Certified Life Coaching, and Tele-Mental
Health Counseling and Coaching
www.klfcounseling.com

Experienced Clinical Mental Health
Counselor with Specialization in
Integrated Medicine and
Mental Health

**Services provided to Children,
Adolescents, College Students, Adults,
Couples, and Families.**

Services Available

KLF Counseling & Consulting, PA provides services as follows:

Individual Mental Health Counseling
Couples Counseling
Family Counseling
Group Counseling services for parenting, stress management, anger management, various issues associated with mental health disorders
Life Coaching in areas of Life Design, Wellness, Relational Issues, College Readiness Coaching, ADHD for Adolescents and Adults, Communication Coaching
EMDR for Trauma Related Disorders
Critical Incident Stress Management-Psychological First Aid-Contracted Services
Employee Assistance Services Employees and Their Families
Assessment Services

Approaches for Counseling and Therapy

Approaches used in the practice include:

CBT-Cognitive Behavioral Therapy

TA-Transactional Analysis - Gestalt

Mindfulness -Motivational Interviewing

Adlerian Approaches

EMDR-Eye Movement Desensitization Reprocessing

Gottman Marital Approaches to Couples Therapy

And other strategies when needed for therapy and counseling being provided when necessary for the client and their progress

Scheduling Services for Counseling, Coaching, and Consulting

Contact my practice at **(843) 240-9446** for appointments with varied hours throughout the week-mornings, afternoons, and evenings. Check the website and Facebook page for announcements of groups and special services provided throughout the year.



About KLF Counseling & Consulting, PA

Kathy L. Fortner, EdS LPC CCMHC is the Board Certified Clinical Mental Health Counselor providing counseling, coaching, and consulting services in the practice. Ms. Fortner has a MA Degree from Marshall University in Counseling for Children, Couples, and Families with assessment services. She also has an EdS Degree in Counseling with Integrated Medical Specialization from Marshall University for care and treatment of children, teens, adults, and geriatric patients/clients.

Ms. Fortner has provided services in the University Setting, Primary Care and VA CBOC practices, private practice both in West Virginia and South Carolina, management consulting services to medical and counseling practices, and has been associated with the public school settings working with children aged 5 years and above.

She has been an Adjunct Professor of Counseling at Marshall University Graduate College teaching Psychopharmacology, Diagnosis and Treatment Planning, and Psychological Assessment.

She has previously volunteered as a mental health clinician for trauma related events with Horry County Fire and Rescue on their Critical Incident Response Team.

Currently, Ms. Fortner holds certifications as a Board Certified Clinical Mental Health Counselor, Board Certified Distance Counselor, and Board Certified Life Coach.

The practice currently participates with several insurance companies and EAP companies to make access to services possible to the residents of surrounding counties. Tele-mental health services are provided, and now covered by insurance and EAP plans. Life Coaching or Consulting services are not covered by insurance or EAP plans.

